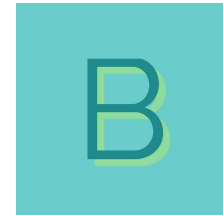


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Priorities for Career Satisfaction

Write the two or three things that are most important to you in your next position, being as specific as possible. Consider:

- What will keep you motivated on the job?
- What is important for you to learn in your next job, to build into a new career?
- What rewards are important to you?

Review the list that follows and **circle** those satisfaction factors that are important to you.

Add factors that are important to you but do not appear on this list.

Scan the circled factors and list those that are your:

- Must-Haves (about 6-10)
- Important-to-Haves
- Nice-to-Haves.

When looking at career paths and the jobs/occupations within them, compare those career options against your list as part of your well-informed decision-making.

Job/Work Content

Accuracy is important

Compatible with my mid- and long-range goals

Creativity is welcomed

Includes my interests

Lets me make decisions

Lets me mentor/train others

Lets me solve problems (define the problem types)

Offers new learning; projects

Offers advancement potential

Responsibilities I want

Tasks I want

Uses my skills/strengths

Variety of tasks

Work alone often

Work with clients/customers

Work with teams often

The Company

Attractive work hours

Benefits are good

Commute is doable

Compensation is fair and competitive

Is growing

In my targeted industry

Is stable

Nice surroundings

Noted for ethical practices

Offers flexible hours and/or telecommuting

Offers opportunities for recognition

Provides necessary resources

Size of company is good

Strong market position

Values training

Managers / Colleagues

Approachable for discussion

Good listeners

Healthy competition

Provide regular feedback

Professional attitudes

Team orientation

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Rewards

Attractive salary	Health insurance; low premiums	Fair sick days
Bonus & incentive	Pay for performance	Stock options
Community service time	Personal days	Tax deferred investment
Disability insurance	Profit-sharing	Training budget
Flexible schedule options		Tuition reimbursement

Carrying Out Career Options: What Will Your Life Look Like?

Use this timeline to define important life events in the next ten years... if you have expectations for events beyond this, extend your timeline to include them. Mapping your goals and dreams in different life roles, and the supporting steps to reach them, can make the ideas more real and attainable, as you recognize the span of time needed to 'get to where you're going'. You'll recognize that you don't have to do everything at once, time helps us attain major goals, and different goals take different priorities over several years as we make progress. Looking at progress from the mid-point of the time span, and seeing how there is more progress to come, can help us stick with our plans, too.

Expected Events, Milestones, Dreams, Goals

Take the long view; What's going on in your life in the next ten years?

- What significant events will occur: milestone birthdays? Family events? Personal goals set and attained?
- What goals and dreams for your life and your life's work are on your list?
- What important decisions will you need to make in your professional, personal, financial, leisure roles?
- What lifestyle changes are you making?

List events, milestones, dreams, and goals below the year closest to when you expect to attain them.

- Include events for different life roles: individual, family, health/fitness, professional, creative, spiritual, volunteer, et cetera.
- Some goals that you'll reach later in this timeline may need preparation sooner; put an arrow to the left of those items that need earlier preparation.
- There may be some time increments when the list will be short, or blank; you may be enjoying goals reached in earlier increments, coasting, or in a reflection/evaluation stage.

Current year	Two years from now	Four years from now	Six years from now	Eight years from now	Ten years from now	Continue in 2-5 year Increments
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